

Capenhurst Running Club presents

CAPENHURST 10k starts at 11a.m.

at

Capenhurst Sports Ground Sunday 6th June 2010

also

1 Mile FUN RUN starts at 10.15 a.m.

&

medals to all finishers of the Fun Run



- ENTRIES ON THE DAY
- Awards to all Finishers.
- Postal Results service will be available at the cost of £1.00

PRIZES

Race Winner £50 Marks & Spencer voucher

1st MALE; 1st - Vet 0/40, 1st -Vet 0/ 50

1st FEMALE; .1st -Vet 0/35. 1st -Vet 0/ 40

Race entries to;— Race Sec- 8 Wenlock Gardens, Great Sutton, Ellesmere Port. CH66 2QZ.

Closing date — 1st June 2010.

Race Limit 250.

Please enclose 9 x 4 S.A.E or NO ENTRY

Limited entries on the day

www.capenhurstrc.co.uk

<input type="text"/>	AGE	<input type="text"/>	Club-
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<input type="text"/>	E.A. Registration Number
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<input type="checkbox"/>	Club Runner £8.00	<input type="checkbox"/>	Non-club Runner £10.00
<input type="checkbox"/>	Male	<input type="checkbox"/>	Male Vet 0/40
<input type="checkbox"/>		<input type="checkbox"/>	Male Vet 0/50
<input type="checkbox"/>	Female	<input type="checkbox"/>	Female Vet 0/35
<input type="checkbox"/>		<input type="checkbox"/>	Female Vet 0/40

Name -----

Address -----

tel; -----

I understand that the organisers will be in no way responsible for any injury, illness or loss of property incurred as a result of the event and I will abide by the UKA rules.

<input type="checkbox"/>	Fun Run £2.00 No Age Limit Fun Run can enter on the Day
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Parent/Guardian Signature

Signed.-----

NO S.A.E. NO ENTRY

entrant must be at least 16 years on the day of the race

<input type="text"/>	Total amount enclosed; £. cheques payable to 'Capenhurst Running Club
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